



MINECRAFT

CHOCOLATE AND CINNAMON
COATED CEREAL



APPLE AND COLA FLAVOURED
SOFT MARSHMALLOWS





Chocolate and Cinnamon Coated Cereal, fortified with Vitamins & Minerals

Ingredients: Whole **Wheat** Flour, **Wheat** Flour, Sugar, Whole Oat Flour, Wheat Starch, Fat Reduced Cocoa Powder, Rapeseed Oil, Cinnamon, Natural Flavours, Salt, Vitamins & Mineral Mix [Iron, Potassium, Zinc, Vitamin D, Vitamin B1 (Thiamin Mononitrate), Vitamin B2 (Riboflavin), Vitamin B3 (Niacin), Vitamin B5 (Pantothenic Acid), Vitamin B6 (Pyridoxine Hydrochloride), Folic Acid, Vitamin B12 (Cyanocobalamin)]

Nutritional Information per 100g		*RI%
Energy	1640kJ	20%
	390kcal	20%
Total Fat	3.1g	4%
of which Saturates	0.8g	4%
Carbohydrates	84.5g	32%
of which Sugar	21.4g	24%
Fibre	7.1g	28%
Protein	8.9g	18%
Salt	0.2g	3%
Vitamins & Minerals		
Iron	17.8mg	157%
Potassium	368.7mg	11%
Zinc	11.7mg	123%
Vitamin D	5.3µg	53%
Thiamin (B1)	1.5mg	132%
Riboflavin (B2)	1.6mg	123%
Niacin (B3)	19.3mg	107%
Pantothenic Acid	6.4mg	128%
Vitamin B6	1.7mg	113%
Folic Acid (B9)	505.7µg	253%
Vitamin B12	2.7µg	180%

*RI% : Reference intake of an average adult (8400kJ/2000kcal)



Apple and Cola Flavoured Sour Marshmallows

Ingredients: Glucose-Fructose Syrup, Sugar, Water, Gelatine (Beef), Malic Acid, Acidity Regulator: Sodium Malate, Flavouring, Colourings: E102*, E150C, E133.

Nutritional Information per 100g	
Energy	1464kJ
	345kcal
Total Fat	0g
of which Saturates	0g
Carbohydrates	83.6g
of which Sugar	77.0g
Fibre	0g
Protein	2.5g
Salt	0.3g
per 25g	
Energy	366kJ
	86kcal
Total Fat	0g
of which Saturates	0g
Carbohydrates	20.9g
of which Sugar	19.3g
Fibre	0g
Protein	0.6g
Salt	0.1g



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